

## **Learning and development templates**

### **Learning and development template**

This record sheet is for your guidance only – you may present your development plan in any other format.

[Download learning and development template DOC \(4 pages, 64KB\)](https://update.sra.org.uk/globalassets/documents/solicitors/cpd/development-record.doc)  
[<https://update.sra.org.uk/globalassets/documents/solicitors/cpd/development-record.doc>]

### **Identifying your learning and development needs: self-evaluation tool**

This tool is designed to help you use reflection to identify your learning and development needs.

[Download self-evaluation tool template DOC \(1 page, 66KB\)](https://update.sra.org.uk/globalassets/documents/solicitors/cpd/identifying-your-learning-and-development-needs.docx)  
[<https://update.sra.org.uk/globalassets/documents/solicitors/cpd/identifying-your-learning-and-development-needs.docx>]

### **'What, so what, now what' framework for reflection template**

This template is designed to help you structure your thoughts to get the most out of reflection.

[Download framework for reflection template DOC \(2 pages, 63KB\)](https://update.sra.org.uk/globalassets/documents/solicitors/cpd/what-so-what-now-what-framework-for-reflection-.docx)  
[<https://update.sra.org.uk/globalassets/documents/solicitors/cpd/what-so-what-now-what-framework-for-reflection-.docx>]